Congratulations on making it through the academic year, especially to Honors Graduates!

See Honors Experience photos at the end of this newsletter! More will be posted via other avenues in the future.

Enjoy your summer!

HONORS OUTSTANDING STUDENT LEADER OF THE YEAR NAMED CONGRATS TO TANYA MILLER!

HONORS OUTSTANDING ORGANIZATION OF THE YEAR NAMED CONGRATS TO HUMANITIES AND ARTS COLLECTIVE (HARCO)!

OUTSTANDING UHL LEADERSHIP EXPERIENCE WINNER NAMED CONGRATS TO MARISSA NACLERIO!

HONORS STUDENT SEEKING PARTICIPANTS TO TAKE SHORT SURVEY FOR A CLASS PROJECT ON VIRTUAL CONNECTIONS CLICK HERE TO TAKE SURVEY!
STAYING WELMED REMOTELY

TIPS FOR REDUCING STRESS

**STAY ACTIVE!**

Exercise has been shown to decrease stress and muscle tension, while eliciting neurotransmitters that make you feel good!

To be active try going outside, taking a walk, or play a yard game.

**MAINTAIN SOCIAL CONNECTIONS**

Although you might not be able to interact with your friends or family in person, reach out to them in other ways!

- Try setting up a group Facetime, zoom or Webex every week
- Send letters in the mail
- Give a family member a phone call to see how they're doing
- Play a fun game with the friends and family that you are self-isolated with

**RELAX YOUR BODY**

Sitting in front of the computer all day can take a toll on your body. Try doing some yoga or meditation, enlisting a foam roller, or simply laying on the floor for a few minutes to release some of the tension you may be feeling.

**FIND SOMETHING TO LAUGH ABOUT**

We all know how much better we feel after a good laugh. Try watching a funny movie, playing a game with your family, or reading the comics to put a smile on your face!

For more tips and additional resources, check out these links here:
- [https://counseling.uconn.edu/](https://counseling.uconn.edu/)
Student Employment Opportunity

**Service Desk Assistant (SDA)** - These students will provide customer service to our walk-ins, phone calls, and communications from the Service Desk in Whitney. This group will assist with key distribution and collection, provide heavy support during room change processes, inventory keys, and handle higher level projects for professional staff.

**Service Desk Supervisor (SDS)** - This is a student who should have previous customer service experience (preference for experience in Residential Life) who will assist in the supervision of the Service Desk assistants, including creating work schedules, managing low level conflict, and assisting with monthly staff meetings for the Service Desk staff, in addition to Service Desk Assistant responsibilities.

Honors received notice about these positions on Tuesday, May 5 and was told the positions will be posted for about two weeks total.

Residential Life's goal is to complete interviews virtually throughout the month of June (completing this process prior to the end of June, if possible).

[Click here to go to the UConn Student Employment website for more information.](#)
You have an incredible idea to improve human health. We want to give you up to $30,000 to do it.

UConn School of Engineering has been awarded $320,000 from Connecticut Innovations to accelerate the development of technology that improves human health. This grant provides up to $30,000 per project of much-needed gap funding to seedling companies or faculty and student groups associated with UConn.

Applications are accepted twice a year. The strongest proposals, as determined by a peer review committee, will receive up to $30,000 in funding.

If you’re part of an established company, student team or faculty associated with UConn, and you have a great idea in the area of medical devices, drug delivery, diagnostics, or health IT, take the first step to improving human health.

For questions contact: Professor Hadi Bozorgmanesh at hadi.bozorgmanesh@uconn.edu or Kat Terlikowski at katarzyna.terlikowski@uconn.edu.

Learn more about qualifications and requirements by going to biopipelinect.org.

Application due date is

May 24, 2020
FALL 2020 NEW COURSE OFFERING

EDLR 3263: Student Leadership

- Analyze leadership as a phenomenon that we can experience, practice, and study
- Evaluate current community and global problems through a leadership lens
- Create proposed solutions to current problems while applying leadership theories
- Embark on a shared leadership experience within our local communities

3 HONORS CREDITS
WEDNESDAYS 2:30-5:00

Instructor: Dr. Leigh Fine
Contact leigh.fine@uconn.edu with any questions!
UCONN
HONORS PROGRAM