The Honors Community remembers those who lost their lives on this tragic day 20 years ago. Our thoughts are with them and all impacted as a result - then, now, and always.

NEVER FORGET

September 11, 2001

The Honors Community remembers those who lost their lives on this tragic day 20 years ago. Our thoughts are with them and all impacted as a result - then, now, and always.
**Mental Health Matters**

**TOPIC: Suicide Prevention**

**September is National Suicide Prevention Awareness Month #BeThe1To....**

<table>
<thead>
<tr>
<th><strong>ASK</strong></th>
<th><strong>BE THERE</strong></th>
<th><strong>KEEP THEM SAFE</strong></th>
</tr>
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<tbody>
<tr>
<td>Don't be afraid to ask the tough question. When someone you know is in emotional pain, ask them directly: &quot;Are you thinking about killing yourself?&quot;</td>
<td>If your friend is thinking about suicide, listen to their reasons for feeling hopeless and in pain. Listen without judgment but with compassion and empathy.</td>
<td>If your friend is thinking about suicide, ask if they've also thought about how they would do it. Separate them from anything they are thinking of using to hurt themselves.</td>
</tr>
</tbody>
</table>

**FOLLOW UP**

Making contact with a friend in the days and weeks after a crisis can make a difference in keeping them alive. Check in with the person you care about on a regular basis.

**HELP THEM STAY CONNECTED**

Help your friend connect to a support system so they have others to reach out to for help: whether it's 800-273-TALK (8255), family, friends, clergy, coaches, coworkers, or therapists.

**LEARN MORE**

Educate yourself on suicide prevention - it could save a life. Get message kits, resources, events, and more at the official BeThe1To.com website.

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**you are not alone.**

#BeThe1To is an initiative by the National Suicide Hotline and organizations worldwide to change the conversation about suicide prevention. Click on the logo to the right for resources and more information.
## Upcoming Events

### Categories:
- **Academic & Interdisciplinary Engagement (Ac)**
- **Career, Professional, & Personal Development (Ca)**
- **Honors Community Development (Co)**
- **Multiculturalism & Global Citizenship (Mc)**
- **Social Change, Service, & Sustainability (Sc)**

### * = COUNTS AS AN HONORS EVENT

#### COLOR = EVENTS OPEN TO ALL CAMPUSES
- **Color = AVERY POINT CAMPUS**
- **Color = HARTFORD CAMPUS**
- **Color = STAMFORD CAMPUS**
- **Color = STORRS CAMPUS**
- **Color = WATERBURY CAMPUS**

### 9/10
- **Ac** - Presentation Submission Form Deadline: UConn Malnutrition Awareness Fair (Presenting Counts as an Honors Event, Virtual)
- Application Deadline: Writing Center Tutors (Virtual, 5:00 PM)
- Change Grant Information Session (Virtual, 12:15-1:15 PM)
- UConn IDEA Grant Information Session (Virtual, 3:30-4:30 PM)
- **Ca** - Let’s Talk Leadership: Active Listening for Leadership (Virtual, 6:30-7:30 PM)

### 9/11
- **Co/Sc** - Farm Bike Tour of Mansfield (Meet at the UConn Seal by Babbidge, 1:00-3:30 PM)

### 9/12
- Application Deadline: National Student Conference on Hispanic Politics

### 9/13
- Presidential Scholars Enrichment Award Info Session (Virtual, 4:30-5:30 PM)
- The Disney/UConn Co-op Program (Virtual, 6:00-7:00 PM)
- Honors GPS Leadership Workshop (Virtual, 7:00-8:00 PM)
- **Ca** - UConn Fall Horseback Riding Practicum Begins (Horsebarn Hill)

### 9/14
- **AC** Provost’s Distinguished Speaker Series: Leslie Loew (Virtual, 4:00-5:00 PM)
- Presidential Scholars Enrichment Award Info Session (Virtual, 4:30-5:30 PM)
- **Ac/Mc** - "The Paradoxes of Identity in a Time of Conversion (The Ishier and Maria Jacobson Lecture in Judaic Studies), Lecture by Professor Steven Kruger, CUNY) (Stamford Room 109, Gen Re Auditorium, AND live-streaming, 5:30-7:00 PM)

### 9/15
- Getting Started in Undergraduate Research (Virtual, 10:00-11:00 AM)
- What is the GRFP? (Virtual, 10:00-11:00 AM)
- Become a Holster Scholar Information Session (Virtual, 12:00 PM)
- **Ca** - How to Ask for a Letter of Recommendation (Virtual, 12:30-1:15 PM)
- **Ca** - Let’s Talk Leadership: Vulnerability in Leadership (Virtual, 2:00-3:00 PM)
- Navigating the Career Fair as a CLAS Major (Virtual, 3:30-4:30 PM)
- **Ac** - UConn Stamford Honors Interdisciplinary Seminar Series: Mark Strauss (Location Confirmed by Email, 6:20-8:50 PM)

### 9/16
- **Ac** - What Does My Professor Want? (Rowe 217, 4:00-5:00 PM)
- Become a Holster Scholar Information Session (Virtual, 12:00 PM)

### 9/17
- Become a Holster Scholar Information Session (Virtual, 12:00 PM)

Visit the Honors Program Calendar for more information and to access event registration details and links.

Click here to see the schedule in the calendar from 9/10-9/17.
Like a few of the national culture/heritage months, National Hispanic Heritage Month began as a celebratory week meant to recognize the history, culture, and contributions of Latin American citizens in the United States. It was first introduced by Congressman George E. Brown (who represented East Los Angeles, CA) in 1968. In 1987, California representative, Esteban Torres, proposed the expansion of the week to 31 days. Former President George H. W. Bush was the first to declare its observance as being from September 15 - October 15.

September 15 was chosen as the start of National Hispanic Heritage Month due to it being the independence days of Costa Rica, Guatemala, Nicaragua, El Salvador, and Honduras. Also, Mexico and Chile celebrate independence on the 16th and 18th respectively.
Virtual and in-person!

HONORS GPS ARE HOSTING LEADERSHIP WORKSHOPS

SIGN UP THROUGH NEXUS

1. CLICK ON EVENTS TAB
2. SELECT GPS TO NARROW SEARCH
3. REGISTER FOR A WORKSHOP
When and Where?

Dates, times and locations for Leadership Workshops Fall 2021

Wed. September 8th 6-7pm MONT 420
Mon. September 13th 7-8pm Virtual
Tue. September 21st 7-8pm MONT 420
Thu. September 30th 6-7pm MONT 420
Wed. October 6th 5-6pm Virtual
Tue. October 12th 6-7pm Virtual
Mon. October 18th 6-7pm MONT 420**
Wed. October 27th 7-8pm MONT 420
Tue. November 9th 5-6pm MONT 420
Thu. November 18th 5-6pm Virtual

**this is the last Leadership Workshop offered for students anticipating graduating with University Honors Laureate in Spring 2022
BECOME A HOLSTER SCHOLAR

The Holster Scholar Program is a selective enrichment opportunity available only to first-year Honors students. The program supports a small number of students who pursue independent research, design, or creative projects during the summer.

The deadline for applying is November 11, 2021.

UPCOMING INFORMATION SESSIONS

Wednesday, Sept. 15 @ noon
Thursday, Sept. 16 @ noon
Friday, Sept. 17 @ noon

Webex

https://uconn-cmr.webex.com/meet/vgm07001

To learn more, visit honors.uconn.edu/holster-scholars
Honors for Diversity

WELCOME MEETING!

Date: Thursday, 9/16
Time: 7 PM
Location: SU 303
“I want to go into teaching because I had a very influential teacher who's changed my life, and I want to be that figure to somebody else. Being a teacher does not just mean that you help your students learn new information; so much more goes into it. Being a teacher means that you also need to be a social worker, a mentor, and even sometimes a guidance counselor, and I find that to be such a beautiful thing. I think teaching high school is the best fit for me because those can be four of the hardest years of your life. There are many stressors and demands which occur during that time period, and sometimes all you need is to know somebody is there to walk by your side every step of the way and tell you everything will be okay. I know that is what this teacher did for me, and she really is the person I owe it all to; she was there when I felt nobody else was; she helped me through all of my challenges and tough times, not only academically but emotionally as well. I'm going to be honest, there were moments where I just felt like I'd hit rock bottom and I couldn't pull myself out of it no matter how I tried. But, she was there. She would reach out her hand to me and pull me back up. There is no one else that understands me in the way she does. What is so beautiful about being a teacher is that, if you make an impact in the right way, your students will remember you for years to come. I know that is true, because I will remember her for as long as I live.”
SUBMIT TO
HUMANS OF HONORS

Share your UConn Honors experience

WE WANT TO HEAR YOUR STORY!

take five minutes to submit here:
honors.uconn.edu/humans

SHARE YOUR STORY - INSPIRE OTHERS - MAKE A DIFFERENCE!

# HUMANS OF HONORS
Farm Bike Tour of Mansfield

SAT, SEPTEMBER 11, 1-3:30 PM
JOIN US FOR A GROUP RIDE THROUGH MANSFIELD BIKE ROUTES

WITH STOPS AT THE RED BARN CREAMERY, SHUNADAI FARM, AND MANSFIELD FARMER’S MARKET

MEET AT UCONN SEAL

BRING:
• BIKE
• HELMET
• BACKPACK

*DON'T HAVE A BIKE? WE'LL PROVIDE FREE RENTALS FOR THIS EVENT*

SUPPORTED BY:

QUESTIONs? CONTACT PHOEBE.MROZINSKI@UCONN.EDU

RSVP HERE:
s.uconn.edu/ivhc1nfjol
2021 National Student Conference on Hispanic Politics

The American Enterprise Institute, the Congressional Hispanic Leadership Institute, and Florida International University are proud to partner for the 2021 National Student Conference on Hispanic Politics.

This conference is open to undergraduate students from all political and ethnic backgrounds. Its aims are to immerse rising student leaders in unique perspectives on issues that are relevant for all Americans and to highlight the Hispanic community’s diversity of thought.

Students will get the chance to hear from leaders in public policy, government, and the media through keynote panels and private breakout sessions. Topics will include the future of the Hispanic electorate, intergenerational mobility, Latin America in an age of great-power competition, environmental policy, the Cuban protests, and much more.

A brief application is required for this conference, and selection will be competitive. Participation in this conference will be free for all selected students, with meals, travel, and lodging fully covered.

- Friday, October 8, 2021, to Saturday, October 9, 2021
- At Florida International University in Miami
- Learn more or apply at www.aei.org/national-student-hispanic-conference/
FIRST-YEAR STUDENT OPPORTUNITY

ARE YOU A FIRST-YEAR STUDENT WHO IDENTIFIES WITH OR IS PART OF AN UNDERREPRESENTED POPULATION SUCH AS FEMALE, LGBTQ+ AND/OR BIPOC
AND
IS INTERESTED IN ENTREPRENEURSHIP OR HAS AN IDEA TO PURSUE?

APPLY TO BECOME A WERTH INNOVATOR!

Entrepreneurs in the Making

$4k Summer ’22 Internship

Mentorship

Sophomore $3k Scholarship

Leadership

Networking

Werth Innovators gain access to unique opportunities for UConn students interested in entrepreneurship and the F3 cohort serves students traditionally underrepresented within entrepreneurship and big technology.

APPLICATION DEADLINE: SEPTEMBER 20TH, 2021

ENTREPRENEURSHIP.UCONN.EDU/WILD

QUESTIONS?
email Katie.Britte@uconn.edu
IN RECOGNITION OF MALNUTRITION AWARENESS WEEK 2021

Virtual Malnutrition Awareness Fair

Join us for a week of education and discussion on the consequences of malnutrition and what you can do to address it.

OCTOBER 4 – 8, 2021
PRESENTATIONS POSTED TO YOUTUBE

Featuring student presentations from a variety of disciplines, including nutrition, nursing, pharmacy, pre-med, and more! @UCONNMAWFAIR

Sign up to present at https://tinyurl.com/yhuy4zax

* Presenting counts as an honors event! *
INTERESTED IN JOINING HILLSIDE OR LEARNING MORE ABOUT VC?
IF SO, THIS IS FOR YOU!

HILLSIDE VENTURES PRESENTS

INTRODUCTION TO VENTURE CAPITAL
(MGMT4895.01)

INSTRUCTOR: Juan Florin
CLASS TIME: MW 12:30PM - 1:45PM
INSTRUCTION MODE: Virtual Learning

Reach out to Pamela Costa (pamela.costa@uconn.edu) for a course permission number
BECOME A VIRTUAL TUTOR VOLUNTEER AT

LEARN TO BE

The perfect opportunity to gain experience teaching K-12 students in marginalised, underserved communities across the nation

FOR MORE INFORMATION, PLEASE CONTACT US AT

UCONNLEARNTOBE@GMAIL.COM