THE HONORS WEEKLY
UPDATES, NEWS, & PROGRAMS

MEET MONICA AND OLLIE!

Hi! I'm Monica Mordowanec (she/her), the new Hall Director for Buckley and Shippee Residence Halls, and I am so excited to be a Husky! This is my dog, Ollie, who you might see around Buckley!

FAST FACTS

• I was born and raised in CT
• Outside of work I enjoy volunteering with Hugh O'Brian Youth Leadership, Connecticut Miss Amazing, and Special Olympics
• I love Broadway shows and concerts

IMPORTANT UPDATES

DUE 9/16: APPROVED HONORS CONVERSION FORMS
CLICK HERE FOR MORE INFO

DO YOU KNOW WHO YOUR HONORS ADVISOR IS?
CLICK HERE FOR MORE INFO
Mental Health Matters

TOPIC: Student Health and Wellness (SHAW) Mental Health

UConn SHAW Mental Health offers a holistic and collaborative model of care, providing services that help you to be a successful student and a happy and healthy person.

Services offered:
- Case Management
- Crisis Support
- Meditation/Yoga & Mindfulness
- Let's Talk
- Consultation
- Individual Therapy
- Group Therapy
- Medication Management

You are not alone. UConn SHAW Mental Health is here to help!

Click here for more information
Click here to schedule an appointment

Take care of your mental health

If you have a mental health emergency and you need immediate help, please call 911

Free and confidential mental health support 24/7/365: call 833-308-3040
The Honors Program is a community within the larger UConn community. We hope you explore the vast array of campus resources available to you, including those connected to inclusion, diversity, equity, and accessibility--many of which are available through the links below.

**Not sure where to start? Consider:**

- Contacting the [Honors Student Diversity, Equity, and Inclusion (DEI) Specialists](#)
- Joining [Honors for Diversity (H4D)](#)

**Campus Resources**

- Check out the [UConn Cultural Centers & Programs!](#)
- Use this [resource list from the Office of Diversity & Inclusion](#)
- Visit [diversity.uconn.edu](http://diversity.uconn.edu)
- See options for reporting bias-related incidents and receiving support from the [Dean of Students Office](#)
- Enroll in a [1-credit course on diversity, equity, inclusion, and justice](#) with multiple topics to choose from
- Read one or more of the [reading recommendations from the Office of Diversity & Inclusion](#)
### Upcoming Events

#### Visit the Honors Program Calendar for more information and to access event registration details and links

#### Categories:
- Academic & Interdisciplinary Engagement (Ac)
- Career, Professional, & Personal Development (Ca)
- Honors Community Development (Co)
- Multiculturalism & Global Citizenship (Mc)
- Social Change, Service, & Sustainability (Sc)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>9/1</td>
<td>*Co - Honors Campus Change Welcome Session (ROWE 122, 7:00 - 8:30 PM)</td>
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<tr>
<td>9/2</td>
<td>*Co - Honors at Stamford Meet &amp; Greet: Pop by for an Ice Pop! (Whitey Heist Park, 12:00 - 1:30 PM)</td>
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<td>9/7</td>
<td>Fall Horse Riding Practicum Team Tryouts &amp; Session 2 Trail Test Registration Due (Horsebarn Hill, 12:00 - 1:00 PM)</td>
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<td>9/7</td>
<td>Honors DC Congressional Internship Program Information Session for Spring 2022 (Virtual, 3:30 - 4:30 PM)</td>
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<td>9/8</td>
<td>NSF GRFP General Information Session (Homer Babbidge Library, Class of 1947 Room, 12:30 - 1:30 PM)</td>
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<td>9/9</td>
<td>Join Hall Council! Application Deadline (5:00 PM)</td>
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<td>9/9</td>
<td>Deadline to Apply for a Library Carrel (5:00 PM)</td>
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<td>9/9</td>
<td>Getting Started in Undergraduate Research (MCHU 201 &amp; Virtual, 12:15 - 1:15 PM)</td>
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<td>9/9</td>
<td>UConn IDEA Grant Information Session (Virtual, 3:30 - 4:30 PM)</td>
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<td>9/10</td>
<td>Green Game Day (Rentschler Field, 2:45 - 9:00 PM)</td>
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<td>9/13</td>
<td>UConn IDEA Grant Information Session (MCHU 302 &amp; Virtual, 4:00 - 5:00 PM)</td>
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<tr>
<td>9/13</td>
<td>NSF GRFP General Information Session (Virtual, 5:00 - 6:00 PM)</td>
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<td>9/14</td>
<td>Experiencing Global Learning Fall Fair (Fairfield Way, 11:00 AM - 2:00 PM)</td>
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<tr>
<td>9/14</td>
<td>UConn IDEA Grant Information Session (Virtual, 4:00 - 5:00 PM)</td>
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<td>9/15</td>
<td><strong>CA/AC</strong> - Find Your Future Fest (Rich Concourse and Career Center, 12:00 - 2:00 PM)</td>
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<tr>
<td>9/15</td>
<td>Getting Started in Undergraduate Research (Virtual, 2:00 - 3:00 PM)</td>
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<td>9/15</td>
<td><strong>MC</strong> - Alice K. Norian Lecture, Book Discussion: &quot;The Missing Pages: The Modern Life of a Medieval Manuscript, from Genocide to Justice&quot; (Konover Auditorium &amp; Virtual, 5:00 - 8:00 PM)</td>
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* = COUNTS AS AN HONORS EVENT

**COLOR = EVENTS OPEN TO ALL CAMPUSES**
- AVERY POINT CAMPUS
- HARTFORD CAMPUS
- STAMFORD CAMPUS
- STORRS CAMPUS
- WATERBURY CAMPUS

**COLOR = AVERY POINT CAMPUS**

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**COLOR = STORRS CAMPUS**

**COLOR = WATERBURY CAMPUS**

Click here to see the schedule in the calendar from 9/1-9/15 and beyond!
Share your UConn Honors experience

SUBMIT TO HUMANS OF HONORS

Your story will be featured on Honors social media!

WE WANT TO HEAR YOUR STORY!

take five minutes to submit here: honors.uconn.edu/humans

SHARE YOUR STORY - INSPIRE OTHERS - MAKE A DIFFERENCE!

#HUMANSOFHONORS
CONGRESSIONAL INTERNSHIP PROGRAM
Washington, DC - Spring 2023

PROGRAM OVERVIEW:
• Full-time internship with member of Connecticut's Congressional delegation in Spring 2023
• Gain first-hand knowledge about our federal government and a distinctive professional experience, while meeting UConn Alumni & D.C. "insiders"
• 15 UConn Credits
  (12 ungraded, 3 Honors Graded)
• Open to ALL upper division UConn students with a 3.0 GPA or higher
• Apply by October 1, 2022

APPLICATIONS DUE OCT. 1
INFORMATION SESSION
SEPTEMBER 7, 2022
3:30 PM ET
via WebEx
WebEx Link to Join Event
Event Password: HonorsDC

TO LEARN MORE & APPLY:
S.UCONN.EDU/CONGRESSIONALINTERNSHIP
Interested in Mindfulness? Want to Take 1-3 More Credits This Semester?

A health/social psychology research team is seeking undergraduate research assistants for the Fall 2022 semester to work on a project investigating the effects of mindfulness.

Submit your information here ASAP to be considered!
Apply to your Hall Council now!

If you love programming...

If you live on campus...

uconn rha*
Green Game Day
Volunteers Needed

- Free bus to the UConn x Syracuse Football Game
- Educate Tailgaters About Sustainability
- Collect Recyclables

When: Saturday, Sept 10 from 2:45p to 9:30p
Where: Rentschler Field (bus provided)

Only 25 Spots Left!
Sign up NOW!
EXPERIENTIAL GLOBAL LEARNING

FALL FAIR
EXPLORE OPPORTUNITIES ABROAD

SEPTEMBER 14
FAIRFIELD WAY*
11AM - 2PM

egl@uconn.edu
@uconn.global

*RAIN LOCATION SU BALLROOM
Center for Career Development & the Advising Center

FIND YOUR FUTURE FEST

CAREER CENTER OPEN HOUSE & MAJORS FAIR

THURSDAY, SEPTEMBER 15TH | 12:00 PM - 2:00 PM
CAREER CENTER (1.17) & THE RICH CONCOURSE

Join us for an exciting event to explore majors and careers with *games, prizes, and snacks!*

- Visit the Career Center’s new location
- Pop in to meet the team and network with employers.
- Browse the Majors Fair to discover the various academic pathways available at UConn Stamford.

Located at

UConn
Stamford Campus

If you require an accommodation to participate in this event, please contact Alex Manna at alex.manna@uconn.edu or 203-251-9549 by 9/2/2022.
2022 Alice K. Norian Lecture

BOOK DISCUSSION WITH HEGHNAR ZEITLIAN WATENPAUGH

Author of *The Missing Pages: The Modern Life of a Medieval Manuscript, from Genocide to Justice*

**SEPT 15TH 2022**

**THURSDAY | DODD CENTER FOR HUMAN RIGHTS, UCONN STORRS**

5:00PM Reception | 6:00PM Lecture

**FREE EVENT OPEN TO THE PUBLIC**
SUMMER RESEARCH SYMPOSIUM
September 23, 2022 | 9:00AM-12:00PM
Konover Auditorium, Dodd Center

If you require an accommodation to attend this event, please contact Honors at honors@uconn.edu by September 15.

Learn more, including students' names, topics, and presentation times, at honors.uconn.edu/holster-scholars
Want to learn more about our Planning Committee
Get involved with planning one day service events with Campus Wide Initiatives!

GREAT WAY TO GAIN LEADERSHIP EXPERIENCE

Help to create service events on campus! New ideas are always welcome and we are looking to recruit new members!

SCAN THE QR CODE BELOW TO BE ADDED OUR LIST

If you require accommodations to participate in this committee, please contact uconn.co.initiatives@gmail.com

UCONN
STUDENT ACTIVITIES
COMMUNITY OUTREACH